

TOWARD WORLD LONGEVITY SUMMIT 2027

Congress Palace, Salone Moresco – Salsomaggiore Terme (ITALY)
September 15, 2026 (17:00-18:30)

Living Longer, Living Better: Towards a Human-Centered Future of Longevity

The inaugural edition of the World Longevity Summit marked the beginning of a global dialogue on the future of healthy longevity, bringing together scientists, institutions, healthcare professionals, communities, and cultural leaders to explore how longer lives can also become healthier, more meaningful, and socially sustainable. Hosted in Kyotango City (Kyoto Prefecture, Japan) in 2025 — a region internationally recognized for its longevity culture and community-centered lifestyle — the Summit highlighted the importance of integrating cutting-edge scientific research with human values, social cohesion, and local traditions. The discussions emphasized that longevity is not merely a biomedical challenge, but a multidimensional societal goal involving health, nutrition, physical activity, intergenerational connection, emotional wellbeing, and a renewed sense of purpose in life. Building upon the legacy of the 2025 Declaration, the second edition of the World Longevity Summit, to be held in Italy in 2027, will further expand this international platform for collaboration and innovation. Italy, with its deep cultural heritage, strong community traditions, renowned Mediterranean lifestyle, and growing commitment to research and healthy aging policies, represents a natural bridge between scientific excellence and the human-centered dimensions of longevity. The 2027 Summit will continue to promote an integrated vision of healthy aging through four interconnected dimensions: fostering human relationships and social participation; encouraging sustainable nutritional models and shared food cultures inspired by the Mediterranean Diet; supporting active lifestyles and daily wellbeing practices; and cultivating gratitude, purpose, and “Ikigai” as essential components of quality of life. At the same time, the Summit will strengthen dialogue across emerging scientific domains, including molecular and cellular mechanisms of aging, microbiome and metabolic research, population-based longevity studies, preventive medicine, and community-centered approaches to health and wellbeing. Particular attention will also be devoted to the responsible integration of digital technologies and artificial intelligence in support of healthy aging, preventive healthcare, independent living, and social inclusion. In this perspective, technological innovation is understood not as an end in itself, but as a tool to enhance quality of life, strengthen healthcare systems, and foster more connected and resilient communities. The Italian edition will further explore how cities, territories, and local communities can become active ecosystems of longevity through sustainable urban development, accessibility, cultural participation, environmental quality, and intergenerational engagement. By connecting scientific evidence, public policy, cultural practices, and technological innovation, the initiative aims to contribute to the development of inclusive and longevity-oriented societies. The World Longevity Summit 2027 aspires to become not only a scientific gathering, but also a global forum for rethinking the future of human longevity through cooperation between cultures, generations, institutions, disciplines, and emerging technologies. In an era of profound demographic transformation, the Summit seeks to affirm a shared vision of longevity based on dignity, wellbeing, sustainability, and human connection.

PROGRAM

17:00 OPENING

Welcome to the Japanese Delegation

Luca Musile Tanzi (Mayor of Salsomaggiore Terme)

Introduction to the Event

Stefania Bandini (University of Milano-Bicocca)

Satoaki Matoba (Kyoto Prefectural University of Medicine, Japan)

Towards World Longevity Summit 2027: from Kyotango to Salsomaggiore Terme with video-greetings from Yasushi Nakayama, Major of the City of Kyotango, Japan

17:30 THEMATIC CONTRIBUTIONS

Yuji Naito (Kyoto Prefectural University of Medicine, Japan)

Dietary patterns and gut microbial clusters jointly stratify frailty in community-dwelling older Japanese adults

Tomoo Matsuda (Mitsubishi Research Institute, Tokyo, Japan)

Platinum society: all around win-win model in super aging society

Sae Kondo (Mie University and RCAST, The University of Tokyo, Japan)

The urban planning of Longevity: rebuilding community mutual-support systems in a super-ageing society

Katsuhiro Nishinari (The University of Tokyo, Japan)

Pedestrian mobility as a driver of Longevity: exploring healthy walkable environments

18:15 INSTITUTIONAL CONTRIBUTIONS

Elisabetta Donati (Fondazione Ravasi Garzanti, Area Research and Culture, Chair)

Marco Granelli (Confartigianato Imprese, President)

Riccardo D'Urso (Tesori d'Europa, President)

18:30 CONCERT BY “I MUSICI DI PARMA”. A Musical Journey between East and West Featuring the Finest Arias by Giuseppe Verdi and Giacomo Puccini

Organization

Daniela Isetti, Daniela Ferrari, Luca Billi (Municipality of Salsomaggiore Terme)

Valentina Mora (Fondazione Ravasi Garzanti)

Luca Borrè, Alessio De Pellegrin (University of Milano Bicocca)